



**WOMEN CAN MARATHON AND RELAY – VOLUNTEER FORM**

Please fill in all details (this information will only be used by the Women Can Team for purposes of your involvement in this event, it will not be shared with other organisations).

Name: ..... Male/female: ..... DoB: .....

Email: ..... Phone (mobile pref. please): .....

Address: .....  
 .....

Name/phone contact in the event of emergency: .....

Do you have any medical issues relevant to your role as a volunteer? YES/NO

If “yes” please state briefly.....

Do you have your own transport and can you use it in connection with the event? YES/NO

Are you available to help in advance of the day, roles like preparing goody bags, sorting T-shirts, medals, administration, site and course preparation etc.? YES/NO

We will require helpers from 5am to beyond 6pm on Sunday 27<sup>th</sup> May. What is your availability? .....

Do you have any relevant experience in helping with similar events? YES/NO

If “yes” please state briefly.....

Do you have a specific location/role you’d like on the day, e.g. be at start/finish venue, marshalling a part of the course you know/live close to? YES/NO

If “yes” please state briefly.....

Please sign to confirm that you are happy to be a volunteer at this event .....

All marshals will receive a commemorative medal as shown above, with thanks from Women Can

And you can use this code **AF-WCAN-E5** entitling you to 15% discount at Cotswold Outdoor.

Please return this form by email to [jo@womenscan.co.uk](mailto:jo@womenscan.co.uk) or by post to:

Jo Earlam, Brambledown, Green Lane, Tipton St John, Sidmouth, EX10 0AH.

*We’ll provide refreshments appropriate to the time of day. Please join us for a post-race social evening, with music, in the marquee from 6pm, when a commercial bar and food will be available.*